

Christian's Self-negativity / The World's Self-centeredness

Week 45: *Truth for Spiritual Living: Fear of Self / Vertical Relationship* 1993 Show Three (Part One)

Posted: 7/7/13 by T. George Homsher, M.Ed.

T George: As always it is a great privilege and opportunity to be able to meet with you and discuss these things that we've been discussing. Once again we're here with Howard Blandau founder and director of the *Professional Counseling Center*. Howard we've been talking about fear of self and how Christians have trouble being who they are, and I think Howard one of the biggest problems is that we look at ourselves in such a depraved, negative, worthless, wretched type of way.

Howard: Mmm.

T George: Where, where is that coming from? I mean I have Jesus Christ inside of my heart and soul, mind, body. How is it now that with His perfection and almighty power that I, well I don't, but how many people as I used to--why is it that so many look at themselves in such a negative negative way?

Howard: Well, I've often thought about that George and I think what has happened in our Christian society is that we've heard so much about self in terms of the world's concept of selves there such a total rejection of God in our society today that God is out there someplace He doesn't belong in our lives, because He just messes our lives up. And so what happens people then become so self-centered God is out there they are within themselves, and they become so occupied with themselves that they become you might say locked-in and they become very, very introspective very self-critical inside. And so to cover that up they come across as if they know it all they, in other words, they come across in a very confident air and an egotistical sense of 'I know this and I'm God'.

(Continued on week 46)

Turning off “Self” / God Loves Us and Works in Us--Why Can't We View Ourselves in a Positive Light?

Week 46: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Two)

Posted: 7/28/13 by T. George Homsher, M.Ed.

(Continued from week 45)

T George: So a false sense of confidence.

Howard: A false sense of self-confidence.

T George: Sure.

Howard: And many times we see that and hear that.

T George: Sure.

Howard: And it turns us off. And so many Christians see that kind of pattern in the unbeliever and in the person who's hateful of God and whose trying to find out his own righteousness, and they turn off the idea of self and of acceptance of self, because of that model. And I believe that if we recognize that God so loved the world that He gave His only begotten Son that whosoever, the Lord Jesus Christ, whosoever believeth in the Lord Jesus Christ shall not perish, but have everlasting life. And that it is God who worketh in us in that life everlasting to will and to do His good pleasure for greater is He who is in you and me then he that is in the world--then Satan who is in the world, so if God is greater in us than Satan who is out there in the world, and God is living in us then why don't we accept us accept ourselves, and begin to be thankful for ourselves, and love the person we are, and enjoy being who we are.

T George: And so Howard what you're saying any sign that I have, or person in a situation, who is feeling any kind of assertiveness or any kind of a strength is feared, because they're looking at this world's concept of arrogance, and aggression, and stubbornness and they're saying, "Oh I don't even want to be anything near there." Well, if you're strong isn't that--isn't that a wonderful thing? Is it okay to be strong? Isn't it okay to feel good about yourself and not to feel so worthless?

(Continued on week 47)

Self-Acceptance not Self-Negativity / We are Wonderful Witnesses

Week 47: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Three)

Posted: 8/5/13 by T. George Homsher, M.Ed.

(Continued from week 46)

Howard: The Bible says it is God who worketh in you George in you to will and to do of His good pleasure.

Howard: Then why don't we accept that? Why don't we say okay Lord you're working in me to will and to do in me Your pleasure, You don't want me to be miserable, You don't want me to be unhappy, You don't want me to be a failure, You don't want me to be sour and nasty and bitter, You want me to be the light of the world, You want me to shine in a dark world--You want me to be a lighthouse.

T George: Amen.

Howard: And so if God wants me to be that--why am I not?

T George: Yeah.

Howard: Because I'm afraid I may attract attention. I might have people see me and not see Him. How are they going to see God if they don't see you?

T George: Beautiful.

Howard: How are they going to love the Lord, if your not a loving person yourself.

T George: And you know Howard that's a beautiful point, because so many, you know, there's so many people that are so talented in the Christian community.

Howard: Mmm.

(Continued on week 48)

Threatened by Others' Gifts / Accept Our Own Gifts

Week 48: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Four)

Posted: 8/18/13 by T. George Homsher, M.Ed.

(Continued from week 47)

T George: And I see what you're saying and I used to be the kind of person that was afraid of my talent, because I was afraid the people would say, and they did, when I would assert myself they'd say you're so egotistical--why don't you back off?

Howard: Huh.

T George: Why don't you settle down and be in your place? There's such a fear and an insecurity I think from those that are around people that are gifted that those gifted people are going to, maybe like your saying, outshine them. But the fact of the matter is that the people that are saying these things many times are gifted themselves.

Howard: Exactly.

T George: And they just don't accept that.

Howard: Right, I many times have been to churches where maybe a young woman or man would sing a beautiful solo and I would go up to them after the service and I would say thank you for that beautiful number I really was blessed by that.

T George: Yeah.

Howard: Oh, don't thank me, it wasn't me, it was the Lord.

T George: It was.

Howard: And I looked them right in the eye, and I said.

T George: Who was it?

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Howard: I didn't hear the Lord, I heard you.

T George: You. Yes.

(Continued on week 49)

***Putting Ourselves Out / You and the Lord / The Rudeness of Not Accepting Thanks /
When We Don't Accept Positives From Others We Want it Much More***

Week 49: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Five)

Posted: 8/24/13 by T. George Homsher, M.Ed.

(Continued from week 48)

Howard: I saw your radiance. I saw your gifts. I came to thank you for your blessing to my life. And you better get that out of your head that it was the Lord--it was you. But it was God who was working in you to make it a blessing to me. And when we try to put ourselves out--it wasn't me it was the Lord, what are we doing? We're talking doubletalk. If God is in you and you're in Him--it's you and the Lord.

T George: Amen. Whew.

Howard: And see I think we're afraid of that, and I've seen it so many times. And so after a while people, at times, would come and talk to me and they'd say thank you very much...

T George: That's beautiful.

Howard: You were a blessing or I enjoyed what you said. And I'd say, "You're very welcome. Thank you for your nice comment I was happy to be here--I enjoyed it to.

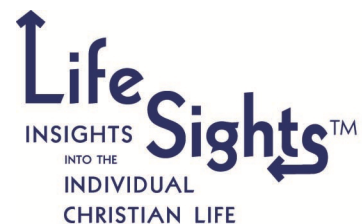
T George: And Howard one you know, you taught me so much, but along these lines I used to be the kind of person that was like that--that didn't accept thanks. And I remember...

Howard: Yeah, it's rude.

T George: Yeah, it is very rude. I remember sitting in your office.

Howard: Excuse me, I don't mean to call you rude, but it's true.

T George: Sitting in your office one day and it all finally dawned on me and I said Howard, you know, I'm finding out that when I don't accept thanks from people, when I don't accept encouragement, when I don't accept flattery--I want it ten times more.



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Howard: Exactly.

(Continued on week 50)

Self-Ownership / Blocking-Out Blessings

Week 50: *Truth for Spiritual Living: Fear of Self / Vertical Relationship* 1993 Show Three (Part Six)

Posted: 9/2/13 by T. George Homsher, M.Ed.

(Continued from week 49)

T George: I don't own in effect who I am and own my gifts and own the appreciation that everyone else has. And what ends up happening is I deprive myself of what I need.

Howard: Yes, yeah.

T George: So I become more needy and more dependent on everyone, you know, thanking me. Upfront I'd say, "Well, I'm not really that good or I could have done better, but in my heart I was dying to hear more.

Howard: Exactly.

T George: But I was throwing it away.

Howard: I think we all are desirous of having more positive compliments and appreciation, and recognition, and notice and all that--I think it's human to do that. But at the same time if we can't accept that, because we're so afraid of self of being self-righteous, or egotistical, or whatever then what we're doing is we're blocking out many blessings and we're really blocking out people's thanks toward us. In other words it's ignorant to say, "Don't thank me, it wasn't me." I've had people say that and I'd say, "Well, who was it then? I heard you sing, I heard you speak, and I'm saying thank you." "Well, I just don't want that." And that person turned me off totally, because they weren't big enough to realize that God had given them a gift or talent, and that they did it with great joy and blessing, and I was blessed and they couldn't take a thank you because they were afraid of self.

T George: Yup.

(Continued on week 51)

Overcoming Fear of Pride / Facing Fear of Self

Week 51: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Seven)

Posted: 9/9/13 by T. George Homsher, M.Ed.

(Continued from week 50)

Howard: And I say, "Lord if you can use me today, if you can use me some way in somebody's life, thank you Lord." And I'll be blessed for it, and if somebody says, "Thanks." I'll say, "You're welcome, I'm happy to be here." And that's exactly what I do, "I'm happy to be here I'm happy I can share it." I don't have to make some defense to block-out what may appear to be pride, because I'm proud of who I am, I'm thankful for who I am.

T George: Mmm.

Howard: Because what I am and what I have all that I am is Christ living in and through me, and out of me--for greater is He who is in me, as I often say, then he who is in the world.

T George: Then he who is in the world.

Howard: And that's Satan.

T George: That's right, and our worth is so profound now Howard.

Howard: Yeah.

T George: And as, you know, we like to say a lot of times is that, you know, in terms of fear we talk about fear of self and...

Howard: Mmm.

T George: When we don't deal with that fear it overwhelms us.

Howard: That's right.

(Continued on week 52)

Fear of Selfishness / Overcoming Fear of Selfishness

Week 52: *Truth for Spiritual Living: Fear of Self / Vertical Relationship* 1993 Show Three (Part Eight)

Posted: 9/15/13 by T. George Homsher, M.Ed.

(Continued from week 51)

T George: So when we're afraid of being selfish, guess what? -- We're going to be even more selfish.

Howard: I think so.

T George: And so if we don't deal with the fear if we don't begin to say like you did and like I did, "Lord thank you."

Howard: Yeah.

T George: I love when you used to say, "George when you wake up in the morning look in the mirror and say, "Jesus thank you for who I am."

Howard: Exactly.

T George: And that's such an amazing thing, and there's so many people Howard that don't do that--that look at me and say, "What!"

Howard: Uh huh.

T George: "Isn't that selfish?"

Howard: Yes.

(Continued on week 52)

Owning Ourselves to be Lights in Darkness / Thankfulness to God for Ourselves

Week 53: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Nine)

Posted: 9/29/13 by T. George Homsher, M.Ed.

(Continued from week 52)

T George: Isn't that starting the day off in the gutter with Satan? No, it's starting the day off owning who you are so you can go out, and be as you said the light--a light in the world of darkness.

Howard: Yeah.

T George: And a powerful light for Jesus Christ.

Howard: Exactly, and I think that when you get right down to the bottom line if you can't, in yourself, say, "Thank you Lord for who I am." We're not really grateful for what God is doing, has done, and is going to do in our lives. People are afraid of that, I said, "Have you ever thanked God for yourself? I said, "You thank God for me, you thank God for everybody else, but did you ever thank God for yourself?" "Oh no, no I never did that." "Why not? Are you thankful for who you are? Do you think God's happy for what you are? Why don't you thank Him?"

T George: Isn't that what David did in Psalm 139. I am wonderful--aren't thy works, I am fearfully and wonderfully made. I mean...

Howard: That might my soul knoweth right well.

T George: Yes, and I showed people that Howard and they'd say, "My gosh, this is in the Bible. I can't believe it, it is--yes, it definitely is.

(Continued on week 54)

Mistrust for What We're Saying / "Lord Thank You for Who I Am"

Week 54: Truth for Spiritual Living: Fear of Self / Vertical Relationship 1993 Show Three (Part Ten)

Posted: 10/13/13 by T. George Homsher, M.Ed.

(Continued from week 53)

Howard: Well, a lot of people don't really like to trust us when we say these things, but I think that the proof of it is it shines through our lives.

T George: That's right Howard, that's a beautiful point. And if you're a person who's listening, who's depressed, who is hurting, who's fearful of yourself--then give us a call. We're here to help you; we're here to bring the good news of Jesus Christ. You know, the fun part, the easy part is going to be in heaven Howard cause...

Howard: Mmm.

T George: We're going to be perfect, but this is the challenge...

Howard: Yeah. That's right.

T George: Here on earth where this is, where we can become true heroes in the faith and we can in this dark, dark world we can be the light, if that's not exhilarating and exciting I don't know what is. It's a special opportunity. But this is a ministry, a ministry to help you heal to help empower you to come to a more dynamic intimate relationship with Jesus Christ and as we've been saying yourself also--you need to love yourself believe in yourself so this week each and every morning wake-up and look in the mirror and say, "Lord thank you for who I am."

Howard: Amen.

T George: Well, until next week may the Spirit of Jesus Christ fill you goodbye.